

CITY HIGH SCHOOL SAMPLE MENU

WEEK 1

Breakfast Burro/Fruit	Breakfast Sandwich/Fruit	Yogurt/Bagel & Cheese	Pancakes/Fruit	Yogurt/PB&J Sandwich
Hamburger Tater Tots	Pizza Pocket Tossed Salad	Chicken Sandwich French Fries	Chicken Soft Tacos Spanish Rice	Chicken Stir Fry Steamed Rice

WEEK 2

Breakfast Burro/Fruit	Cereal/Fruit Chicken	French Toast Sticks/Fruit	Bagel & Cheese/Fruit	Eggs & Potato/Toast
Baked Chicken Garden Salad	Chilaquiles Spanish Rice	Spaghetti & Meatballs Salad	Chimichanga Spanish Rice	Pizza Salad

WEEK 3

Breakfast Burro/Fruit	Breakfast Sandwich/Fruit	Yogurt/Bagel & Cheese	Pancakes/Fruit	Yogurt/PB&J Sandwich
Hamburger French Fries	Picadillo Burro Refried Beans	Chicken Sandwich French Fries	Chicken Fettucine Alfredo Salad	Bean & Cheese Burro Spanish Rice

WEEK 4

Breakfast Burro/Fruit	Cereal/Fruit	French Toast Sticks/Fruit	Bagel & Cheese/Fruit	Eggs & Potato/Toast
Hamburger Home Fries	Chicken Stir Fry Steamed Rice	Sonoran Hot Dog Baked Fries	Chicken Tenders Mixed Vegetables	Pizza Salad